Family Self-Sufficiency Program (FSS)

CHARLOTTESVILLE REDEVELOPMENT & HOUSING AUTHORITY

### THE FSS NEWSLETTER JUNE 2024



## FSS <u>SPOTLIBHT:</u>

Gwen Allen & her beloved companion, Boo

Gwen Allen:

- Can you tell us a little about yourself and what motivated you to join the FSS program?
- My name is Gwendolyn Allen, but I go by Gwen.

I enjoy reading, planting flowers, and spending time with my dog, Boa, who often takes me on scenic walks. I also walk with a women's peer support group for mental well-being.

I joined the FSS program to stay busy and focus on positive personal growth.

What goals did you set when you first joined the FSS program, and how have you
progressed towards achieving them?

When I first joined the FSS program, I set several goals for myself: improving my financial education (like saving and budgeting), pursuing higher education for better income, networking, finding suitable employment opportunities, and preparing for homeownership. I've made progress on some of these goals and am gradually working on others. The FSS program offers continuous learning opportunities and is always developing new services to support participants. I hope more community members and organizations will join and support the program with financial resources to help it grow.

• What challenges have you faced along the way, and how has the FSS program helped you overcome them?

Navigating housing challenges has been a formidable journey for me. Transitioning from homelessness, I hastily signed an 18month lease without fully grasping its implications. Additionally, grappling with the trauma of being a domestic violence survivor, I confronted issues like smell harassment and safety concerns in my apartment complex. Yet, I refused to be defeated. With resilience as my ally, I tapped into my creativity and sought assistance from various support networks, including local agencies and my FSS Coordinator. Through unwavering determination and the invaluable support of these resources, I successfully tackled many of these obstacles head-on.

#### • Can you share a specific success story or milestone that you have reached during your time in the FSS program?

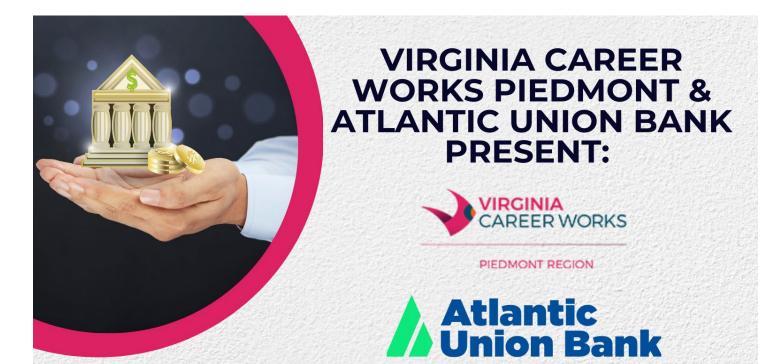
I've successfully continued my education journey at PVCC, even though Biology gave me a run for my money. I'm determined to retake and pass it next semester! I'm also excited about moving to a new place and, this time, I'll definitely be reading the fine print.

Reading has become a crucial part of my life, offering endless knowledge and helping me understand important details—like those tricky lease agreements!

• What advice would you give to other participants or individuals considering joining the FSS program?

Never give up and always set ambitious goals. Engage in positive hobbies, like joining a book or gardening club. Be productive with your time and constantly seek learning opportunities.

*The FSS program can help you develop ideas and pursue your dreams. Challenge yourself—you have the power to achieve anything!* 



## YOUR FINANCIAL LITERACY JOURNEY STARTS HERE!

Virginia Career Works Piedmont has partnered with Atlantic Union Bank to bring you a virtual, interactive financial workshop! Tuesday, June 4th @1pm-2pm

**S** What is Credit

✓ Lay of the Loan-Land✓ How to Borrow

**REGISTER** <u>HERE</u>



The Virginia Career Works - Piedmont Region is an Equal Opportunity Employer/Program. Auxiliary aids and services are available upon request to individuals with disabilities. TDD-VA Relay: 711. Interpreters are available upon request. EO Officer | info@vcwpiedmont.com | 434.979.5610

### Build your business with the CIC's 16-week Entrepreneur Workshop!



Fall 2024 sessions are available in Charlottesville and Culpeper-Orange. The full cost to enroll is \$750, with need-based scholarships available upon

#### https://cicville.org/entrepreneur-workshop/

Attention! So, you want to own your own business, but are not sure where to start? Look no further than CIC's signature program, a 16-week Entrepreneur Workshop. Here you can learn, connect, and grow! Test your concepts with others who are invested in your business development and personal success! More details and the application are available NOW at <u>cicville.org</u>! Classes begin in August and applications close July 5, so if you're interested, apply!

#### CIC is now accepting applications for the Fall 2024 Entrepreneur Workshop.

Don't wait, apply now! Classes fill up fast, and your brilliant idea shouldn't be kept waiting. Take the Leap. Apply now - <u>https://cicville.org</u>.

#### Fall '24 Dates to Remember

Application Period: NOW – July 5, 2024 Interest Meetings: June 3, 2024 – July 16, 2024 Acceptance Notification: July 22, 2024 Orientation: August 6, 2024 (CHO) + (COW) Sessions: August 13, 2024 – December 3, 2024 (CHO) + (COW)

#### **Contact Information:**

Juana Dent, Program Coordinator, CIC (Charlottesville) - juana@cicville.org

Christine Caldwell, Workshop & Financial Management Coordinator, CIC (Culpeper-Orange) - <u>christine@cicville.org</u>





Click the QR Code for more information and to apply.



# IG-WEEK ENTREPRENEUR WORKSHOP

### Turn your vision into a reality! BUILD YOUR BUSINESS WITH HANDS-ON TRAINING

Learn business fundamentals from industry professionals with topics such as: customer discovery, brand development, break-even analysis, time management, cash flow projections, marketing, accounting, and more



### APPLY BY JULY 5!

https://cicville.org/entrepreneur-workshop

# **UVA PIPELINES & PATHWAYS**







#### **TUESDAY, MAY 21ST** 10:00 AM-1:00 PM **VA CAREER WORKS**

944 GLENWOOD STATION LANE STE 103

#### **TUESDAY, JUNE 25TH** 10:00 AM-1:00 PM

**VA CAREER WORKS** 944 GLENWOOD STATION LANE STE 103

#### **TUESDAY, JULY 30TH** 10:00 AM-1:00 PM **VA CAREER WORKS** 944 GLENWOOD STATION LANE STE 103

#### **TUESDAY, AUGUST 27TH** 10:00 AM-1:00 PM

**VA CAREER WORKS** 944 GLENWOOD STATION LANE STE 103

The University of Virginia is an equal opportunity and affirmative action employer. Women, minorities, veterans, and persons with disabilities are encouraged to apply. UVA Pipelines & Pathways is not a decision-maker in the hiring process and does not guarantee employment

#### **QUESTIONS?**

#### **FOLLOW US**

VISIT jobs.virginia.edu/us/en/pipelines-pathways

**CONTACT** uvapipelines@virginia.edu

CALL 434.962.3996

facebook.com/uvapipelines **[O]** 

instagram.com/uvapipelines

**CLICK** 

HERE

linkedin.com/company/uva-pipelines-pathways in

UVA Pipelines & Pathways services upcoming Pop-Up Events hosted by VA Career Works -Charlottesville Center (944 Glenwood Station Lane STE #103):

May 21<sup>st</sup>, June 25<sup>th</sup>, July 30<sup>th</sup> & August 27<sup>th</sup>, 2024 [10:00 a m – 1:00pm]

#### MEET WITH A TEAM MEMBER FREE AND OPEN TO THE PUBLIC!

- Walk-ups encouraged-no registration required
- Learn about UVA Pipelines & Pathways
- Set up a Workday
- Apply to open positions at UVA
- Receive resume review or creation services

Learn interviewing tips & tricks

One Stop Shop June 13<sup>th</sup>, 2024 (12pm – 3pm) @ Carver Recreational Center 233 4<sup>th</sup> St, NW Charlottesville, VA 22903

One Stop Shop will also have diapers, giveaways for kids, supplies for young mothers, catered food, and all community members are always welcome. Services are be provided at no cost ! DMV will be present at the One Stop Shop on 6/13!

Make sure to take required documents for available services including REAL ID and DRIVERS LICENSE.!!!

June 13 12 p - 3 p Carver Recreation

233 4th Street NW

This free bi-monthly event is open to all members of the community regardless of incarceration status

Financial Literacy and Support

Education and Apprentice

Career Counseling

Access to Housing

**Opportunities** 

Food catered by Chef Ralph Catering Giveaways for Kids Music by DJ Runway

#### Learn about:

#### Rent and utility relief (Charlottesville residents only)

- Medical and Mental Health care
- Substance Use Counseling
- Access to Legal Support
- Reinstatement of Licenses and Birth Certificates
- DMV is back!
- community work is the best work

#### Contact Martize Tolbert at MTOLBERT@FOUNTAINFUND.ORG

Committed organizations include: Common Ground, Food Bank, Fountain Fund, Georgia's Friend, Health Department, Home2Hope, Network2Work, New Beginnings, OAR, On Our Own, PITS, Region 10, Sentara, Social Services, and UVA Law

#### Charlottesville's Original One-Stop-Shop





The Fountain Fund is a non-profit organization

based in Charlottesville, VA that aims to increase economic opportunities for formerly incarcerated individuals by providing low-interest loans, financial coaching, and access to community resources.

Through their loan program and financial education initiatives, the Fountain Fund helps these individuals overcome financial barriers, build credit, and achieve their self-determined goals, while also advocating for public policies that reduce obstacles and increase economic opportunities for the formerly incarcerated.

Improving the lives of the formerly incarcerated through lending, financial education, and community support.

#### WHAT WE DO

We provide low-interest loans and financial coaching to formerly incarcerated people, helping them build credit and achieve their self-determined goals. The Fountain Fund also advocates for public policy that increases economic opportunities and reduces obstacles for formerly incarcerated people.



#### Loan Program

Low-interest loans help formerly incarcerated citizens overcome financial barriers that make returning to their communities difficult.



#### Financial Education

Group workshops and individual financial coaching help our Client Partners learn how to manage money and build credit.



#### Community Support

The Fountain Fund connects its Client Partners with various community resources that help them make the most of a fresh start.

CHARLOTTESVILLE Jefferson School City Center 233 4th St, NW Box Z Charlottesville, VA 22903 <u>434-234-3600</u> info@fountainfund.org

Scan here to learn more about the Fountain Fund ...











# DEHYDRATION FOR THE HOME KITCHEN OR SMALL BVSINESS WORKSHOP



With Michelle McKenzie from

ellair



6:00pm Monday,June 3rd, 2024



**Trinity Episcopal Church** 1118 Preston Ave. Charlottesville, VA



This class is perfect for culinary enthusiasts and entrepreneurs alike, offering an in-depth look into the process of drying foods and herbs. Participants will learn essential guidelines and methods for dehydration, using both dehydrators and air-drying techniques. We will also cover the regulations to ensure your dehydrated products are suitable for home-based business ventures.

Explore a range of applications from drying culinary herbs and herbal teas to creating skin products and preparing shelf-stable vegetables ideal for soups, camping meals, and emergency kits.

Join us to unlock new possibilities in your kitchen or business with dehydration

**REGISTER NOW** 

https://myqrcode.com/qr/8cb9d83c



Friday June 7th 9:30-10:30AM

# Coffee & Conversations

### Workforce Mingle

A casual gathering of local jobseekers and employers to share and explore opportunities, skills and networking - all over coffee.

> Free coffee and refreshments. \*Must RSVP by 6/5

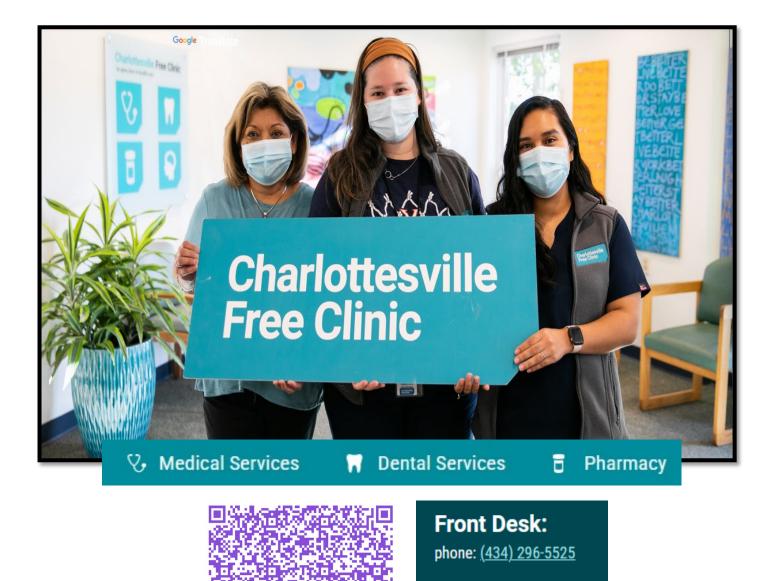
### \*RSVP: bichej@charlottesville.gov **READY** TO WORK

Charlottesville

City of Charlottesville Office of Economic Development is hosting an informal workforce mingle event that brings together jobseekers and local employers to connect and chat over coffee and light refreshments.

Employers can share about their company and available positions, while jobseekers can talk about their skills and career aspirations. All are welcome. Email bichej@charlottesville.gov to RSVP by 6/5. Take a friend!

https://www.charlottesville.gov/1009/IMMEDIATE-JOB-OPENINGS



The Charlottesville Free Clinic provides free medical and dental care and free prescriptions for un-insured and under-insured adults in the greater Charlottesville community.

SCAN this QR Code to Learn more ...

arlottesville





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