

NEWSLETTER



Issue #11

Here's how we are making a difference:

ROSS Program: Ayanna continues to take referrals! Self-Defense series coming soon.

Resident Services: Cooking class coming soon! RS has been planning resident engagement events! Emergency Action Plan has been approved for Resident Review Meetings!

JobsPlus Program: JP has continued Breaking Bread events, along with Career Works workshops.

Property management: Beautification days have begun. Thanks to all who joined us for our April beautification at West Haven & Riverside. SFS had a successful Easter celebration!

Information Technology/IT: IT invested in has set up a new TV upload technology to enable easy updates to TV scrolls at all sites!

Maintenance: Restarted monthly meetings for staff and residents to talk to Robert at West Haven. These will occur every second Tuesday at 3pm.

May CRHA Work Anniversaries

James Porter
Kathryn Saienni



CRHA Birthdays

John Johnson
Joy Johnson
Eddie Weidman
Ayanna Hall
Pamela Smith
Robert Harvey



CRHA History Fact

5/16/1962 City Council votes to move forward with Cox's Row, where Westhaven stands now, for the first public housing in Charlottesville.

Photo of Cox's Row c. 1950s, from Albemarle Charlottesville Historical Society



SHADE & WATER

Protect your pets from the sun's rays and keep them hydrated.



NO CARS

Never leave a pet in the car, not even with the window cracked.



NO ASPHALT

If it's too hot for bare feet, it's too hot for bare paws.



LIMIT EXERCISE

Don't let playful pets over exert themselves in the heat.



HEAT STROKE

Excessive panting, discolored gums, and mobility problems are signs. Seek veterinary attention immediately!

April Recipe: Summertime Tortellini

Ingredients

- 2 tablespoons olive oil
- 6 garlic cloves minced
- ½ cup sun-dried tomatoes chopped
- 1 teaspoon
- 1 pinch
- 2 tablespoons flour
- 2 cups vegetable broth
- 4 cups cheese tortellini
- ½ cup heavy cream
- 2 cups fresh spinach
- 1 cup Parmesan cheese



recipe from splashoftaste.com

Directions

- 1) In a heavy pot, heat olive oil over medium heat. Add the minced garlic, chopped sun-dried tomatoes, Italian seasoning, & a pinch of red pepper flakes. Sauté for 3–4 minutes, until fragrant & golden.
- 2) Stir in the flour & cook for another 2–3 minutes, stirring constantly to eliminate the flour taste & form a light roux.
- 3) Slowly pour in the vegetable broth while stirring. Bring to a boil, then lower the heat & simmer for 3–5 minutes, until slightly thickened. Add cheese tortellini & a pinch of salt. Stir gently & let it cook until the pasta is tender & heated through.
- 4) Turn off the heat & stir in heavy cream, Parmesan cheese, & fresh spinach. Mix until the spinach wilts & everything is creamy & luscious.
- 5) If the sauce seems too thick, stir in a splash of broth, milk, or more cream until you reach your desired consistency.

Staff Highlight: Brett Titman, Property Manager

How long have you worked at CRHA? **2 years and 2 months**

What is your favorite food? **Sushi**

What is your favorite smell?..... **Gardina**

What is your favorite sound? **Ocean Waves**

Do you have a favorite song, and if so, what is it?..... **Too many to choose from, I love all music.**

Who would play you in a movie about your life? **IDK maybe Michelle Pfeiffer**

What is your favorite color?..... **Plum – or any shade of purple.**

Partnership Spotlight: Bonnie Gordon and Marjan Omranian from the Cville Tulips team

Cville Tulips fosters belonging, confidence, and access to resources for Afghan and Syrian refugee families. Our work honors the deep knowledge and resilience that women bring to rebuilding their lives and supports their resourcefulness as a foundation for healthy families and vibrant communities. A community engagement program at the University of Virginia, Cville Tulips began in the winter of 2022. Charlottesville typically welcomes 200–250 refugees annually, but after the 2021 U.S. withdrawal from Afghanistan, 280 Afghans arrived in just three weeks. Today, Cville Tulips provides a consistent community space for Afghan and Syrian women and children through regular gatherings during the school year and summer. With support from UVA students and faculty, physicians from the International Family Medicine Clinic, and local educators, we offer culturally responsible English learning, health education, and youth programming. We value our partnership with CHRA. We share a deep commitment to housing stability as a matter of more than buildings. It also depends on trust, relationships, mental health, and access to resources. Learn more about our programs, multilingual resources in English, Dari, Arabic, and Pashto, and ways to get involved on our website.



Jobs Plus

at Westhaven



MONTH ↓↓

Topics

MAY:
Strategic Partners

Public Housing
Authority (EID
Coordination)

Job Placement,
Sector Training
Openings

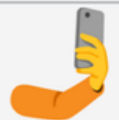
Training Providers,
Community College
& Pathways

Social Services,
FBO, & Civic
Organizations

**Every Other Thursday
@ 11 AM in the
Community Center**

For the schedule:

**Reach out to Jennifer Mammi at
434-235-1939, or mammij@cvilleerha.com**



CRHA
BEAUTIFICATION
DAYS 2026

PARTNERS & FRIENDS PLEASE
JOIN US FOR BEAUTIFICATION
DAYS!

9:00-12:30PM

RIVERSIDE/WESTHAVEN - April 10, 2026

MADISON/MICHIE-May 8, 2026

SFS P1/6TH ST.-June 5, 2026

WESTHAVEN-July 17, 2026

Scan QR Code to
Sign Up!!



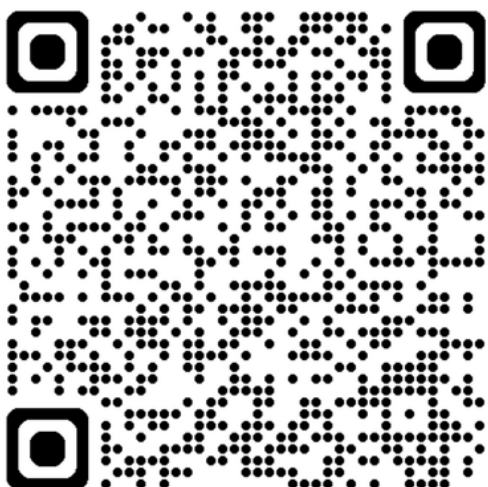
Youth Corner

MIMA Music will be back on
sites soon! Stay tuned for
more information.



CRHA's resource app, Cville CRR!

Scan this QR code to
view the
Redevelopment
Newsletter!



Help Pantops Community Church Formerly Broadus Memorial Baptist Fill the SNAP GAP

What is SNAP?

Supplemental Nutrition Assistance Program (SNAP).

What is the SNAP Gap?

SNAP Gap fills the void for supplies that are not covered by SNAP.

Who Qualifies?

Anyone on SNAP. Anyone on a fixed income who is struggling with the high cost of food.

Anyone who works but still can't cover the high cost of living expenses.

We do not discriminate against anyone for any reason.

What Do We Supply?

Bath soap
Shampoo
Tooth brushes
Tooth paste
Laundry detergent
All purpose cleaner
Bleach
Dish soap
Paper towels
Toilet paper

Contact for Delivery

Debbie McVey
Steve McVey

434-996-1956
434-531-1975

debbiedawmcvey@gmail.com
smcvey6220@gmail.com

We can handle special requests on a limited basis.

Fifeville Community Health Station

Abundant Life House

782 Prospect Avenue

Every 1st and 3rd Tuesdays of the Month

5:00 p.m. – 7:00 p.m.

March 17, 2026

Blood Pressure & A1c (Blood Sugar) Screenings
(UVA School of Nursing)

Produce Boxes
(4P Foods)

Acupressure Ear Seeds (good for stress reduction)
(Region Ten)

BINGO!

Community Meal @ 6:30 p.m.
Children must come with an adult

SENIOR PLANET
FROM AARP



Facebook Basics Lecture

Date: 5/20/26

Time: 2:00 PM EST

Location: Crescent Halls Community Room

Learn the basics of Facebook! Gain knowledge on using Facebook safely and enjoy connecting with friends and family anywhere in the world!

No Need to Sign-up! Snacks will be provided.

OATS
OLDER ADULTS
TECHNOLOGY
SERVICES
FROM AARP

UVA Health PO Box 800224, Charlottesville, VA 22908



Mobile Care is coming to Greenstone on 5th

Every 2nd and 4th Tuesday of the month | 2 pm - 6 pm

746 Prospect Ave. | Charlottesville, VA

UVA Health Mobile Care makes healthcare easier by bringing primary care to your neighborhood. We offer a range of services for adults and kids so you and your family can get the care you need in one place — without traveling far.



To learn more UVA Health Mobile Care, including updates on schedule and services, please visit uvahealth.com/mobile or scan QR code or call to make an appointment **434.297.7800**



Care Through Change *Presentation with Q&A*



Join Sean Flannery, Ph.D., to talk about navigating a relationship with a loved one as you take on more of a caregiver role. This presentation will offer practical strategies to help you stay connected and supported as caregiving roles change. Dr. Flannery has conducted research and has extensive clinical training working with people with dementia and their caregivers. Dr. Flannery will present on relationship changes and ways to remain loving and connected in difficult times.

CAREGIVER SPEAKER SERIES

"When we are no longer able to change a situation, we are challenged to change ourselves."
- Viktor E. Frankl -

GET THE SUPPORT YOU NEED

May 27 from 4-5pm
JMRL Gordon Library
1500 Gordon Avenue,
Charlottesville, VA 22903

Learn More: 434-817-5222 or
info@jabacares.org

CHARLOTTESVILLE REDEVELOPMENT & HOUSING
AUTHORITY

PRESENTS

Mother's Day

A Community Celebration

-  **DATE**
Wednesday, May 7, 2025
-  **TIME**
3:00 – 5:00 pm
-  **LOCATION**
South First Street

Join us for an afternoon of celebration and appreciation
for all the wonderful mothers in our lives.



JABA'S SENIOR COOL CARE PROGRAM *Need an air conditioner or fan?*

You may be eligible for a free fan, window, or portable air conditioning (AC) unit from JABA, if you are 60+ and not eligible for Department of Social Services Cooling Assistance. While supplies last so call today!



HOW TO QUALIFY

- Age 60+ with health conditions affected by heat
- Need a fan, window, or portable AC unit*
- One-member household income less than \$1,995 month
- Two-member household income less than \$2,705 month

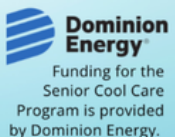
Certain deductions are allowed.

MAY 1, 2026 TO OCTOBER 31, 2026 (OR WHILE SUPPLIES LAST)

LEARN MORE AT JABA

434-817-5244 (toll-free 833-559-2428)
or jabacares.org/senior-helpline

*JABA does not install or pay for installation.



April 28, 2026

City Invites Community to May 7 Community Dialogue on Economic Mobility and Opportunity

FOR IMMEDIATE RELEASE

April 28, 2026



City Invites Community to May 7 Community Dialogue on Economic Mobility and Opportunity

CHARLOTTESVILLE, VA – The City of Charlottesville, in partnership with the University of Virginia Center for Community Partnerships, will host a community dialogue focused on economic mobility and opportunity in Charlottesville on

Thursday, May 7, from 5:30 to 7:30 PM at Carver Recreation Center (233 4th Street NW).