

NEWSLETTER

September 2025



**HATE IS A WASTEFUL EMOTION,
MOST OF THE PEOPLE YOU HATE
DON'T KNOW YOU HATE THEM
AND THE REST DON'T CARE.**

MEDGAR EVERS

Issue 3. LET US KNOW WHAT YOU WOULD LIKE TO SEE IN IT.

CRHA History Fact: Crescent Halls became part of CRHA in September 1976. The 8 story building has 105 units, and redevelopment finished in 2024.

Property management: Working on Eviction Diversion Program with Resident Services.

Internet Technology/IT: Planning on computer literacy classes this fall, more to come!

Maintenance: Continue to be very busy, working with redevelopment on multiple sites. Also hiring a skilled tradesman.

HERE'S HOW WE ARE MAKING A DIFFERENCE:

ROSS program – Working with nearly 50 participants on individual goal setting!

- FSS–Continues to work hard with also nearly 50 residents, building escrow accounts with them.
- JobsPlus program–Planning on working with a youth ambassador
- Redevelopment – HVAC updates finished at parallel track sites; new buildings are visible at S. 1st St.
- Resident Services – Youth coordinator Ismael started! He will eventually be at new 6th St. office space, and he will attend some of the meet and greets (see flyer below).

Have ideas for our monthly newsletter? Let me know!

Want to be featured as a resident or staff member? Contact me! Also, what should we call the new newsletter?



mossb@cvilleha.com



New CRHA Staff

Ismael M-M, Youth Coordinator/Resident Services
Collin M, Maintenance
Zoe L, Resident Services (prior UVA intern)
Georgia W, Resident Services (prior UVA intern)

September CRHA Birthdays

Perpetue M-L, Property Management
Kathryn S, Maintenance
Winfred W, Maintenance
Virginia G, Maintenance
Alfred A, Maintenance
Jennifer M, Jobs Plus/Resident Services

September CRHA Work Anniversaries

Thelma M, Property Management
Jennifer M, Jobs Plus/Resident Services
Sherman C, Maintenance
Maria C, Administration
Natalie R, Finance
Morgan L, Redevelopment
Claudette G, Property Management
Tamika G, HCV

Partnership Highlight

Jessica Wilson, The Hub @ The Point Church

The Hub is a community resource center designed to help individuals and families connect with the support they need. Whether you're looking for assistance with food, housing, employment, or other local services, The Hub provides a welcoming space where you can meet with caring volunteers, access practical resources, and find guidance for your next step. It's more than just a place—it's a starting point for hope, help, and connection right here in our community.

For more information, hours, and location, please visit thepointva.com/thehub.

Youth Corner

CRHA has hired its first Youth Coordinator, Ismael Moubossy-Mbadinga! He will oversee the creation/connection of youth programs to support youth from all sites in developing self-sufficiency, recreation, and life skills.

School is back in session. Need tutoring?
Contact [City of Promise](http://www.cityofpromise.org)
[https://www.cityofpromise.org/](http://www.cityofpromise.org) or [UVA American Reads](http://www.uva.edu/education/research/initiatives/community-outreach/american-reads) [https://education.virginia.edu/research-initiatives/community-outreach/american-reads](http://www.uva.edu/education/research/initiatives/community-outreach/american-reads) to sign up your children.

Health Tip

Nutrition is extremely important for our general health and eating the right foods can help decrease the risk of some illnesses like cancer, diabetes, high blood pressure, and high cholesterol. Food is very expensive though! There is a great local resource to help anyone find free groceries and hot meals, any day of the week: [Cville Area Feeds](http://cvilleareafeeds.org).
[https://cvilleareafeeds.org/get-help/](http://cvilleareafeeds.org/get-help/)

Receive CRHA text message notifications!

CRHA ALERTS!
91896

CRHAINFO

You've requested to join our text notification list.
Reply 'YES' to opt-in.

Yes

You have successfully opted-in.

CRHAINFO

123 456 789 0 * #

Get Started,
opt-in to any of the following notification lists:

- For CRHA Notifications
text "CRHAINFO" to 91896
- For 6th Street Notifications
text "CRHA6THST" to 91896
- For Crescent Halls Notifications
text "CRHACRESENTHALLS" to 91896
- For Dogwood Notifications
text "CRHADOGWOOD" to 91896
- For Madison Notifications
text "CRHAMADISON" to 91896
- For Michie Notifications
text "CRHAMICHIE" to 91896
- For Riverside Notifications
text "CRHARIVERSIDE" to 91896
- For South First Street Notifications
text "CRHASOUTHFIRSTST" to 91896
- For Westhaven Notifications
text "CRHAWESTHAVEN" to 91896

What to Expect:

- After the initial keyword is sent, you will receive a confirmation message asking you to reply YES to verify opt-in.
- You may receive multiple text messages a month with a notification for each alert category opted-in to.
- Message and data rates may apply. Check with your carrier for more details.
- You can text STOP at any time to remove yourself from ALL lists.

View terms and privacy policy info at: [textoptin.com/learn-more/opt-in-terms-conditions](#)



Recipe

Chicken & Broccoli with Dill Sauce

From Taste of Home Editorial Team

- 4 boneless skinless chicken breast halves (6 ounces each)
- 1/2 teaspoon garlic salt
- 1/4 teaspoon pepper
- 1 tablespoon olive oil
- 4 cups fresh broccoli florets
- 1 cup chicken broth
- 1 tablespoon all-purpose flour
- 1 tablespoon snipped fresh dill
- 1 cup 2% milk

1. Sprinkle chicken with garlic salt and pepper. In a large skillet, heat oil over medium heat; brown chicken on both sides. Remove from pan.

2. Add broccoli and broth to same skillet; bring to a boil. Reduce heat; simmer, covered, until broccoli is just tender, 3-5 minutes. Using a slotted spoon, remove broccoli from pan, reserving broth. Keep broccoli warm.

3. In a small bowl, mix flour, dill and milk until smooth; stir into broth in pan. Bring to a boil, stirring constantly; cook and stir until thickened, 1-2 minutes. Add chicken; cook, covered, over medium heat until a thermometer inserted in chicken reads 165°, 10-12 minutes. Serve with broccoli.

Staff Highlight

Khalid Haider, Translation Services (Redevelopment)

How long have you worked at CRHA? *Since 2024.*

What is your favorite food? *Homemade family dish made with meat and dough.*

What is your favorite smell? *The mountain breeze back home.*

What is your favorite sound? *Rain and thunder.*

What is your favorite song? *West Virginia*

What is your favorite color?

Black

Important CRHA Contacts

~~Main number 434-326-4672~~

~~Maintenance 434-422-9236~~

~~Urgent Maintenance after hours/on call 434-277-2107~~

~~Safety concerns (anonymous): CRHASafety@cvillerha.com; ON-call manager 434-962-5579~~

~~Jobs Plus program (Westhaven only): jobsplus@cvillerha.com~~

~~Family Self-Sufficiency program: fss@cvillerha.com~~

~~Resident Opportunity Self-Sufficiency program: ross@cvillerha.com~~

~~Economic Opportunity Program, Section 3 work: eop@cvillerha.com~~

~~<https://cvillerha.com/>~~

Rent Cafe information:

~~<https://cvillerha.com/wp-content/uploads/2023/08/RENTCafe-Online-Rent-Payments-Guide-for-Residents.pdf>~~

~~<https://cvillerha.com/wp-content/uploads/2023/08/Resident-RENTCafe-FAQs-CRHA.pdf>~~

CRHA sites:

Westhaven

South 1st St.

6th St.

Crescent Halls

Riverside

Madison Ave.

Michie Dr.



MOVIE NIGHT
September 24, 2025
2:00pm - 4:00pm
Community Room

MENS GROUP
MELVIN W.
September 25, 2025
3:00pm - 4:00pm
Library

RESIDENT MEETING
September 26, 2025
11:00am - 12:00pm
Community Room

WOMAN INITIATIVE
September 24, 2025
11:00am - 12:00pm
Library

ARTS AND CRAFT CLASS
September 17, 2025
2:30PM - 4:00PM
Community Room

Connie-UVA
Smoking Sensation
September 30, 2025
1:00pm - 2:00pm
Community Room

CROCHET CLASS
September 11 & 23 2025
2:30pm - 4:00pm
Community Room

Dawn
(Region Ten)
Acupuncture
September 3 & 17
2025
2:30pm - 4:00pm
Community Room

Please check the mailroom for
sign-up sheet for certain classes.

EVERY FIRST THURSDAY OF EACH MONTH AT 11:00AM
FREE - COFFEE AND DONUTS FOR RESIDENTS

FREE

JOB SEARCH



A PROUD PARTNER OF
VIRGINIA
CAREER WORKS

PIEDMONT REGION

Open to all CRHA residents!

MONTH ↓↓	Week 1 Topic	Week 2 Topic	Week 3 Topic	Week 4 Topic
AUGUST	Thursdays, 11 AM-Noon at Westhaven Community Center		Resume & Cover Letter Writing	Coaching: Follow Up with Resume Writing
SEPTEMBER	Career Navigation & Coaching	Accessing & Using Community Resources	Building Your Community within Community	Job Readiness Workshop
OCTOBER	Real Money. Real World.*	Prioritizing: Wants & Needs	Budgeting on a Budget	Understanding Paycheck, Benefits & Retirement
NOVEMBER	Peer Mentoring & Resident Ambassadors	Transportation Solutions & Best Practices	Wraparound Services: Mental Health, Housing	Collaboration with Local Nonprofits & Service Providers
DECEMBER	Public Housing Authority (EID Coordination)	Job Placement, Sector Training Openings	Training Providers, Community College & Pathways	Social Services, FBO, & Civic Organizations



MEET & GREET

Bridget Moss, Program Coordinator

mossb@cvillerha.com

Let her know what kinds of programs and resources you want for your community. Interested in a resident leadership role? Now is your time, she wants to hear from you!

Virtual: Tuesday, 9/2 4-4:40pm

Join Zoom Meeting

<https://zoom.us/j/99748226938?pwd=K6v4TISsDb8NPYDh59mPle6ibD712r.1>

Meeting ID: 997 4822 6938
Passcode: 8Nw4Ca

In Person:

Monday, 9/8 4-5pm at 6th St.

Tuesday, 9/9 4-5pm at Michie

Wednesday, 9/10 4-5pm at Madison

Thursday, 9/11 4-5pm at S. 1st St.

Friday, 9/12 4-5pm at Riverside



سلامونه

ومنی

بریجیت ماس، د پروگرام همغږی کوونکی

ته مراجعه وکړئ mossb@cvillerha.com

هغې ته خبر ورکړئ چې تاسو د خپلې ټولنې لپاره کوم ډول پروگرامونه او سرچینې غواړئ. د اوسیدونکي مشرتابه رول سره علاقه لرئ؟ اوس استاسو وخت دی، هغه غواړي له تاسو څخه واورې

مجازی: سه شنبه، د سېپتمبر ۹مه، د مازدیگر ۴:۴۰ بجې
د زوم غونډې سره یوځای شئ

<https://zoom.us/j/99748226938?pwd=K6v4TISsDb8NPYDh59mPle6ibD712r.1>

د غونډې پېژندپاڼه: ۹۹۷ ۴۸۲۲ ۶۹۳۸
پاس کد: 8Nw4Ca

په شخصي توګه:

دوشنبه، د ۸/۹، د مازدیګر ۴-۵ بجې په شپږم سړک کې
سې شنبه، د سېپتمبر ۹مه، د ماشام ۴-۵ بجې په میچي کې
چهارشنبه، د سېپتمبر ۹مه، د مازدیګر ۴-۵ بجې په میدیسن کې
پنجشنبه، د سېپتمبر ۹مه، د مازدیګر ۴-۵ بجې په ایس-لومړۍ کوڅه کې
جمعه، د سېپتمبر ۹مه، د مازدیګر ۴-۵ بجې په ریورساید کې



لږقاع و تر حیب

بریدجیت موس، منسقة البرنامج

mossb@cvillerha.com

أخبرها بأنواع البرامج والموارد التي ترغب بها لمجتمعك. هل أنت مهتم بدور قيادي؟ الآن هو وقتك، فهي ترغب بسماع رأيك!

افتراضي: الثلاثاء ۲/۹ من الساعة ۴:۴۰ إلى مساءً
انضم إلى اجتماع Zoom

<https://zoom.us/j/99748226938?pwd=K6v4TISsDb8NPYDh59mPle6ibD712r.1>

معرف الاجتماع: 6938 4822 997
رمز المرور: 8Nw4Ca

شخصياً:

الاثنين ۸/۹ من الساعة ۴ إلى ۵ مساءً في شارع ۶.
الثلاثاء ۹/۹ من الساعة ۴ إلى ۵ مساءً في ميتشي
الأربعاء ۹/۱۰ من الساعة ۴ إلى ۵ مساءً في ماديسون
الخميس ۹/۱۱ من الساعة ۴ إلى ۵ مساءً في شارع الجنوب الأول.
الجمعة ۹/۱۲ من الساعة ۴ إلى ۵ مساءً في ريفرسايد



ملاقات سلام

بریجیت ماس، همکار

mossb@cvillerha.com

او را در جریان بگذارید که چه نوع برنامه‌ها و منابعی را برای جامعه‌تان می‌خواهید. به نقش رهبری ساکنان علاقه‌مند هستید؟ حالا زمان شماست، او می‌خواهد از شما بشنود!

مجازی: سه شنبه، ۹/۲ از ساعت ۴ تا ۴:۴۰ بعد از ظهر به جلسه زوم بپیوندید

<https://zoom.us/j/99748226938?pwd=K6v4TISsDb8NPYDh59mPle6ibD712r.1>

Meeting ID: 997 4822 6938
Passcode: 8Nw4Ca

حضور:

دوشنبه، ۹/۸ از ساعت ۴ تا ۵ بعدازظهر در خیابان
۶. سه شنبه، ۹/۹ از ساعت ۴ تا ۵ بعدازظهر در
میچی. چهارشنبه، ۹/۱۰ از ساعت ۴ تا ۵ بعدازظهر
در مادیسون. پنجشنبه، ۹/۱۱ از ساعت ۴ تا ۵
جمعه، ۹/۱۲ از ساعت ۴ تا ۵ بعدازظهر در خیابان
۴. بعدازظهر در ریورساید

